



SALLISAW PUBLIC SCHOOLS

Eastside Elementary School

Breakfast and Lunch Menu

March 2023



Alternate Cereal and Grahams Available for Breakfast

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside and Sallisaw Middle School for the 2022-2023 school year.	GoodBye February Hello March	
27	28	1	2	3
Sausage, Egg & Cheese Biscuit Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Yogurt and Toast Fruit Juice, Milk	Donut Holes Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Fish Sticks & Fries Pinto Beans Hushpuppies Fresh Fruit and Vegetable Bar Cookie Milk	Frito Chili Pie Shredded Cheese Black Eyed Peas Fresh Fruit and Vegetable Bar Milk	Popcorn Chicken Mashed Potatoes Gravy Hot Roll Fresh Fruit and Vegetable Bar Milk	Pizza Pasta Bake Caesar Salad Breadstick Fresh Fruit and Vegetable Bar Milk	Turkey and Ham Wrap Sun Chips Veggie Cup w/ Dip Fresh Fruit and Vegetable Bar Jello Milk
CornDog/Veggie	SAME	Chicken Nuggets/Potato	SAME	PBJ/Cheese Stick/Veggie
6	7	8	9	10
Bacon, Egg & Cheese Biscuit Fruit Juice, Milk	French Toast Sticks Fruit Juice, Milk	Breakfast Burrito Fruit Juice, Milk	Funnel Cake Strawberries and Cream Juice, Milk	
Cheeseburger Lettuce, Tomato and Pickles Pork n Beans Fresh Fruit and Vegetable Bar Cookie Milk	Crispito w/ Cheese Sauce Spanish Rice Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Hamburger Steak Mashed Potatoes Gravy Hot Roll Fresh Fruit and Vegetable Bar Milk	Chicken and Dumplings Green Beans Cornbread Fresh Fruit and Vegetable Bar Milk	
CornDog/Veggie	SAME	Chicken Nuggets/Potato	SAME	
13	14	15	16	17
SPRING BREAK MARCH 13 - MARCH 17th				
20	21	22	23	24
Sausage Biscuit Fruit Juice, Milk	Pancakes Fruit Juice, Milk	Oatmeal and Toast Fruit Juice, Milk	Blueberry Bake Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Toasted Cheese Sandwich Tomato Soup Goldfish Crackers Fresh Fruit and Vegetable Bar Cookie Milk	Indian Taco Shredded Cheese Pinto Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Chicken and Waffles Strawberries Syrup Cup Fresh Fruit and Vegetable Bar Milk	Tator Tot Casserole Buttered Peas Bread and Butter Fresh Fruit and Vegetable Bar Milk	Chef Salad w/ Diced Ham Shredded Cheese Boiled Egg Breadstick Peach Crisp Milk
CornDog/Veggie	SAME	Chicken Nuggets/Potato	SAME	PBJ/Cheese Stick/Veggie
27	28	29	30	31
Ham and Cheese Muffin Fruit Juice, Milk	Waffles Fruit Juice, Milk	Strawberry Parfait Fruit Juice, Milk	Donuts w/ Dad Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Loaded Baked Potato Soup Crackers Fresh Fruit and Vegetable Bar Cookie Milk	Beef n Cheese Nacho's Refried Beans Salsa Fresh Fruit and Vegetable Bar Milk	Mr. Ribb Mashed Potato Gravy Hot Roll Fresh Fruit and Vegetable Bar Milk	Spaghetti w/ Meat Sauce Green Beans Garlic Toast Fresh Fruit and Vegetable Bar Milk	Chili Cheese Dog Tator Tots Fresh Fruit and Vegetable Bar Chocolate Cake Milk
CornDog/Veggie	SAME	Chicken Nuggets/Potato	SAME	Pizza/Salad
Menu Subject to Change According to Product Availability				
This institution is an equal opportunity provider.				